ROUNDHAY
SCHOOL
ESTD 1903

# SECONDARY AND SIXTH FORM CHARACTER CURRICULUM

***PSHE, RSE & RE***

***Know more, do more and remember more…***

## Year 7 Curriculum Map

ROUNDHAY SCHOOL
EST° 1903

| Topic 1 | Topic 2 | Topic 3 | Topic 4 | Topic 5 | Topic 6 |
|---|---|---|---|---|---|
| **Mindmate** | **Relationship and Sex Education** | **Drugs: Addiction and Consequences** | **LGBTQ+: Understanding Tolerance** | **Refugees: People on the Move** | **Bullying: Cyberbullying and Online Safety** |
| **Studied in HT1** | **Studied in HT2** | **Studied in HT3** | **Studied in HT4** | **Studied in HT4** | **Studied in HT5** |
| Students will be taught to:<br>• Explore emotions and transition to secondary school.<br>• Feel good about themselves as unique human beings<br>• Know about being the same and being different.<br>• Develop their independence.<br><br>Learning Outcomes:<br>• To identify a range of the qualities that I admire in myself and others.<br>• To understand what makes a healthy relationship<br>• To develop the skills to form and maintain positive and healthy relationships<br>• To be able to talk about emotions accurately and sensitively.<br>• To develop awareness of developing adolescence and identity<br>• To have a sense of who I am<br>• To understand how fear around parts of our identity can be linked to poor emotional wellbeing<br>• To understand how emotional wellbeing and mental health can help the transition from primary to secondary school<br>• To understand how to manage anger and moments when you lose your temper | Students will be taught to:<br>• Understand different relationships<br>• Know about appearance and body pressure<br>• Know about physical and emotional changes during puberty.<br>• Know about Dental hygiene<br>• Know about Immunisation and vaccination<br>• Know about FGM – Body and Effects<br><br>Learning Goals:<br>• To understand what constitutes a positive, healthy relationship<br>• To understand the qualities of a good friend<br>• To understand about different types of relationship<br>• To understand why and how friendships change and develop<br>• To understand the where appearance ideals come from<br>• To acknowledge the pressure that is linked to appearance<br>• To be able to challenge appearance pressures<br>• To understand the importance of eating the right food and keeping fit.<br>• To understand the importance of regular sleep.<br>• To understand what puberty is and know about the changes that happen to our bodies as we enter adulthood<br>• To understand the changes that occur for both males and females.<br>• To understand the importance of oral hygiene and dental health.<br>• To understand the term FGM and to know that it is illegal in the UK | Students will be taught to:<br>• Know the different types of drugs including prescribed drugs.<br>• Know about addiction and the consequences.<br>• Know the consequences of drinking alcohol.<br>• Know the consequences of smoking including ecigarettes.<br><br>Learning Goals:<br>• To learn about addiction and understand that people can be addicted to lots of different things, not just drugs<br>• To understand what drugs are and learn about different types of drugs<br>• To understand the problems associated drinking alcohol<br>• To understand the consequences associated with drinking<br>• To understand how to say "No" to something that you don't want to do. | Students will be taught to: Know the history of the LGBTQ+ community in the UK.<br>• Know about tolerance and understanding difference.<br>• Understand why HBT bullying is wrong.<br>• Know the importance of not using derogatory language.<br><br>Learning Goals:<br>• To explore and appreciate what makes us similar and what makes us different<br>• To be aware of relevant terminology around LGBTQ identities<br>• To understand how people can be treated differently<br>• To be able to describe the importance of respecting the many different aspects of our identities | Students will be taught to:<br>• Know reasons people leave their homes.<br>• Know the difference between migrants, displaced persons and refugees.<br>• Know ways to support people new to our community.<br><br>Learning Goals:<br>• To understand reasons why people, have to leave home and to empathise with those that have to flee<br>• To understand how we can support new members of our community<br>• To understand the terms migrant, internally displaced person and asylum seeker<br>• To understand the meaning of empathy and how empathy creates a kinder world<br>• To develop understanding from other people's perspectives | Students will be taught to:<br>• Understand bulling<br>• Know about Cyberbullying<br>• Know how to Stay safe online<br>• Know about county lines and Child Criminal Exploitation<br><br>Learning Goals:<br>• To understand what is meant by online hate and to explore why people may use the internet to express hate<br>• To examine the impact of hate on those who are targeted and those who see it happening<br>• To understand rights, responsibilities and opportunities online.<br>• To understand online risks including those associated with sharing compromising material.<br>• To knowing not to provide material to others that they would not want shared further and not to share personal material which is sent to them.<br>• To understand what to do and where to get support to report material or manage issues online |

## Year 8 Curriculum Map

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| Topic 1 | Topic 2 | Topic 3 | Topic 4 | Topic 5 | Topic 6 |
|---|---|---|---|---|---|
| **Mindmate** | **Relationships and Sex Education** | **Public Sexual Harassment** | **Rights and Responsibilities** | **Drugs** | **Environment and Sustainability** |
| **Studied in HT1** | **Studied in HT2** | **Studied in HT3** | **Studied in HT4** | **Studied in HT4** | **Studied in HT5** |
| tudents will be taught to:<br>• Learn from adversity<br>• Know about loss, separation and bereavement<br>• Know about stress and how to manage it<br>• Understand discrimination based on race and gender.<br><br>Learning Goals:<br>• To understand the impact of separation, divorce and bereavement on friends and families.<br>• To understand stereotyping and prejudice and how they can have negative effects on mental wellbeing<br>• To understand gender norms and identities<br>• To understand the impact of peer pressure<br>• To know the difference between strong emotions, anxiety and stress<br>• To know how to cope with stressful situations and how to deal with panic attacks | Students will be taught to:<br>• Know about contraception<br>• Know about consent<br>• Know about body image<br>• Know about STI's<br>• Understand pregnancy and abortion<br>• Know about FGM – Help and Support Learning Goals:<br>• To examine the concept of appearance ideals through media.<br>• To understand the meaning and importance of consent in relationships<br>• To understand that consent can be given and withdrawn.<br>• To understand safe sex and why it's important<br>• To understand there is a choice to delay sex or to enjoy intimacy without sex.<br>• To be aware of the different methods of contraception that are available<br>• To understand the consequences of pregnancy<br>• To know where to get help and advice<br>• To understand what STIs are, specific examples and how to protect yourself.<br>• To understand how conception occurs and the options that are available if it does, including abortion<br>• To explore examples of body talk and the problems with body talk | Students will be taught to:<br>• Know about sexism and how to prevent it<br>• Understand Stereotyping and its links to sexism<br>• Know about sexual harassment and assault<br><br>Learning Goals:<br>• To understand the difference between sex and gender<br>• To understand what gender stereotyping means<br>• To explore examples of gender stereotyping<br>• To have an increased understanding about equality for males and females<br>• To have increased knowledge of how sexist or sexual bullying could affect someone<br>• To understand about the meaning and importance of consent in relationships<br>• To understand that consent can be given and withdrawn.<br>• To understand what constitutes sexual harassment<br>• To understand the relationship between sexual harassment and sexual assault | Students will be taught to:<br>• Know your rights and responsibilities to each other<br>• Know the Rule of law<br>• Know about antisocial behaviour<br><br>Learning Goals:<br>• To identify liberties enjoyed by people in the UK.<br>• To understand human rights across the world.<br>• To understand the nature of rules and laws.<br>• To understand why we have 'rules'<br>• To understand the differences between rights, wants and needs<br>• To understand what 'antisocial' behaviour means.<br>• To understand that everyone has a right to be treated fairly and with mutual respect | Students will be taught to:<br>• Know about substance misuse<br>• Understand stereotypes and misconceptions<br>• Know about Prescription drugs<br>• Know about County lines<br><br>Learning Goals:<br>• To refresh understanding of different types of drugs and their potential dangers.<br>• To understand the effects of peer pressure<br>• To understand the facts and risks associated with smoking tobacco<br>• To have awareness of how to get support<br>• To understand the impact of e-cigs and vaping.<br>• To understand how to stay physically and mentally healthy | Students will be taught to:<br>• Understand recycling and being green<br>• Know about plastic waste and its effect<br>• Know about Fairtrade<br><br>Learning Goals:<br>• To understand the roles played by public institutions and voluntary groups in society.<br>• To understand the ways in which citizens work together to improve their communities.<br>• To understand the scale of the waste problems encountered in the UK and the problem with plastic waste.<br>• To understand recycling and ways in which it can be increased, and waste reduced<br>• To understand Fairtrade and how having it has and does make a difference to people's lives and livelihoods around the world |

## Year 9 Curriculum Map

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| Topic 1 | Topic 2 | Topic 3 | Topic 4 | Topic 5 | Topic 6 |
|---|---|---|---|---|---|
| **Mindmate** | **Relationships and Sex Education** | **Public Sexual Harassment** | **Human Rights** | **Anti-Racism** | **Law and Order** |
| **Studied in HT1** | **Studied in HT2** | **Studied in HT2** | **Studied in HT4** | **Studied in HT4** | **Studied in HT5** |
| Students will be taught to:<br>• Know about sexuality and sexual identity<br>• Know what self-esteem is and how to build it<br>• Understand how to resist peer pressure<br>• Manage mental health problems<br><br>Learning Goals:<br>• To understand the terms gender, gender identity, and sexuality<br>• To understand that people are discriminated against because of their gender identity and sexuality<br>• To understand that this discrimination can adversely affect their wellbeing and mental health<br>• To understand what self-esteem is<br>• To understand that self-esteem can change with personal circumstances<br>• To be able to identify how I feel and behave in new situations and understand how others may be different<br>• To understand some of the barriers to independence.<br>• To understand what anxiety is and why we have it<br>• To understand there is a difference between feeling sad because of a specific event and a prolonged low mood which begins to affect how you live your life.<br>• To know the possible causes and symptoms of a prolonged low mood<br>• To understand there is a difference between sympathy and empathy | Students will be taught to:<br>• Know about online safety<br>• Know how to show mutual respect for partners<br>• Understand online dangers<br><br>Learning Goals:<br>• To be able to differentiate between healthy and unhealthy relationship behaviours.<br>• To understand that it's abusive to pressure or manipulate someone into sharing a nude image<br>• To identify healthy and unhealthy characteristics of relationships online<br>• To understand when dangerous situations online.<br>• To understand how to support and seek help when people are affected by sharing of explicit images. | Students will be taught to:<br>• Understand reasons for public sexual harassment<br>• Know about prevention and how to stop it<br>• Know how to reducing shame and stigma<br>• Understand how to tackle myths and victim-blaming<br><br>Learning Goals:<br>• To understand the perpetrators and victims of PSH.<br>• To understand that PSH is intersectional and can be experienced in different ways<br>• To understand the cumulative impact of PSH on those who experience it<br>• To understand PSH as a form of sexism<br>• To dismantle myths around victim-blaming<br>• To learn how to intervene as a bystander<br>• To understand how different forms of violence against women are linked and exist on a spectrum | Students will be taught to:<br>• Understand immigration<br>• Know about hate crime<br>• Understand Homophobia<br>• Know about universal declaration of human rights<br><br>Learning Goals:<br>• To understand the push and pull factors that would lead to immigration.<br>• To understand what is meant by hate crimes.<br>• To understand the liberties enjoyed by the citizens of the United Kingdom.<br>• To know the basis of human rights in international law. | Students will be taught to:<br>• Understand equality and diversity<br>• Understand race and ethnicity<br>• Know ways to be anti-racist<br><br>Learning Goals:<br>• To understand why some people are racist and commit hate crimes<br>• To understand the impact of bullying, prejudice and discrimination on all those involved and can use appropriate strategies to support them. | Students will be taught to:<br>• Understand social media and the law<br>• Know about restorative justice<br>• Understand crime and punishment<br>• Know about child criminal exploitation<br><br>Learning Goals:<br>• To understand the nature of rules and laws and the justice system.<br>• To know the role of the police and the operation of courts and tribunals including magistrates.<br>• To understand the roles played by public institutions and voluntary groups in the law such as the magistrate system<br>• To understand how the legal system in the UK works and helps to solve problems.<br>• To know when and how they will be able to volunteer as magistrates. |

# Year 10 Curriculum Map

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| Topic 1 | Topic 2 | Topic 3 | Topic 4 | Topic 5 | Topic 6 |
|---|---|---|---|---|---|
| **Mindmate** | **Relationships and Sex Education** | **Drugs** | **Public Sexual Harassment** | **Politics** | **Statutory RE** |
| **Studied in HT1** | **Studied in HT2** | **Studied in HT3** | **Studied in HT3** | **Studied in HT5** | **Studied in HT6** |
| Students will be taught to:<br>• Know about domestic violence<br>• Manage relationship change<br>• Know about mental health and physical disability<br>• Know about harmful behaviours and mental health<br>• Know about exam pressures<br><br>Learning Goals:<br>• To understand when a relationship is unhealthy or abusive<br>• To understand the impact of domestic abuse on mental health<br>• To understand features of positive and stable relationships and those of unhealthy relationships<br>• To understand how to manage change in relationships, including ending relationships<br>• To understand the similarities, differences and diversity among people of different abilities and disabilities<br>• To understand that people can be discriminated against because of their disability or mental health condition<br>• To understand some mental health problems and their causes, symptoms and treatments<br>• To understand that discrimination can adversely affect people's wellbeing and mental health<br>• To be able to develop a coping strategy that will work for me in relation to anxiety and stress at exam time and explain the steps involved | Students will be taught to:<br>• Understand Consent<br>• Know about on and off-line relationships<br>• Know about pornography<br>• Understand what a Coercive relationship is<br>• Know about the consequences of sexual relationships<br><br>Learning Goals:<br>• To understand how to recognise and challenge coercion or manipulation in relationships<br>• To understand that pornographic material is not representative of real sex and can give misleading information about consent and gender roles in sexual relationships<br>• To understand how to recognise abuse in intimate or sexual relationships<br>• To understand how to seek advice or support if we have concerns about ourselves or someone we know<br>• To understand that abuse in a relationship is always wrong, and that both men and women can be perpetrators and victims of abuse<br>• To understand what it means for an individual and a couple to be ready for sexual intimacy<br>• To understand the potential impact of pornography on sexual relationships and the expectations people have of relationships<br>• To understand some strategies and identify sources of support for anyone who is worried about porn | Students will be taught to:<br>• Know about harm reduction<br>• Know about performance enhancing drugs<br>• Know about county Lines<br>• Understand knife Crime<br>• Know about Grooming<br><br>Learning Goals:<br>• To refresh understanding of different types of drugs young people can access<br>• To refresh understanding of the different effects the drugs may have and the negative impacts they can have<br>• To understand the reasons that people give for taking drugs<br>• To understand the issues surrounding drugs and the law from a range of different perspectives<br>• To understand the effects of performance enhancing drugs | Students will be taught to:<br>• Know about Public Sexual Harassment in the workplace<br>• Know how to challenge PSH through law<br><br>Learning Goals:<br>• To recognise public sexual harassment<br>• To be able to recognise behaviour that could be considered to be sexually harassing someone<br>• To know what to do if you/others experience this.<br>• To have empathy and understanding that this can happen and how you could prevent this from happening | Students will be taught to:<br>• Understand parliament<br>• Know about the UK Political system<br>• Understand the role of international bodies in law and democracy.<br>• Know about the rule of law in Politics<br><br>Learning Goals:<br>• To understand parliamentary democracy and the different roles people perform within it.<br>• To understand how to hold those in power to account.<br>• To know that there are different electoral systems used in and beyond the United Kingdom<br>• To understand what actions citizens can take in democratic and electoral processes to influence decisions locally, nationally and beyond<br>• To compare the UK political system to an international alternative.<br>• To understand the United Kingdom's relations with the rest of Europe, the Commonwealth, the United Nations and the wider world. | Students will be taught to:<br>• Know about Religion and the environment<br>• Know about Religion and poverty in the UK<br>• Understand positive and negative impacts of religion<br>• Know about radicalisation and extremism Learning Goals:<br>• To understand diverse patterns of worship and ceremonies<br>• To understand different expressions and ways of life found in different religions and other world views.<br>• To explore the influence of religion on individuals and societies<br>• To enquire into ultimate questions about human life and experience.<br>• To investigate important religious and philosophical questions<br>• To understand what is meant by community cohesion, respect and mutual understanding.<br>• To understand how faith communities, differ in their approach to controversial issues, and how they find common approaches and tolerance. |

**Year 11 Curriculum Map**

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| Topic 1 | Topic 2 | Topic 3 | Topic 4 |
|---|---|---|---|
| **Mindmate** | **Financial Education** | **Relationships and Sex Education** | **Child Sexual and Criminal Exploitation** |
| **Studied in HT1** | **Studied in HT1** | **Studied in HT2** | **Studied in HT3** |
| Students will be taught to:<br>• Know how to end online relationships<br>• Know about positive mental health and resilience<br>• Manage transition and next steps<br><br>Learning Goals:<br>• Understand that identity is not fixed and changes and evolves as we develop and have new experiences and meet new people<br>• Know that may have different personas or 'identities' for different parts of our life including 'online' identities<br>• Understand that when we have a positive sense of self (or high self-esteem) we are more likely to seek out and maintain positive friendships and better able to move on from unhealthy or incompatible relationships<br>• To know when it is time to move on from a relationship that is no longer working<br>• Know what my personal strengths are and how to use them when facing personal change<br>• Know how to manage changes in personal relationships, including the ending of relationships | Students will be taught to:<br>• Know about borrowing and debt<br>• Know about savings and pensions<br>• Know about taxes and insurance products<br>• Know about mortgages and renting<br>• Know how to Budget<br><br>Learning Goals:<br>• To understand the difference between income and expenditure.<br>• To understand how to manage credit and debt.<br>• To understand what insurance is and why it is important.<br>• To understand how to save money and why a pension is important.<br>• To understand a range of different financial products and services available.<br>• To understand what tax is and how public money is raised and spent. | Students will be taught to:<br>• Know about Family and marriage<br>• Know about the responsibilities of being a parent<br>• Know the different types of relationships<br>• Know about Self-examination and screening<br><br>Learning Goals:<br>• To understand the options available to people who wish to make a long-term commitment<br>• To understand how a long-term relationship can become legally binding<br>• To understand the legal status of different types of relationships, including marriage and civil partnerships, and why people choose to form such a commitment<br>• To understand the legal rights of people in different forms of long-term commitments<br>• To understand reasons people might choose to marry and why marriage must be freely entered into.<br>• To understand different attitudes towards marriage<br>• To understand the responsibilities of being a parent.<br>• To understand how committed, stable relationships can be important for bringing up children<br>• To understand the roles and responsibilities of parents with respect to raising children<br>• To understand the characteristics of successful parenting<br>• To understand the specific challenges and responsibilities of parenting at different stages in a child's life | Students will be taught to:<br>• Know the Signs of CSE<br>• Know what peer on peer grooming is<br>• Know about the impact of drugs and alcohol on CSE<br>• Know about support for victims of CSE<br>• Know the Links between CCE and CSE<br><br>Learning Goals:<br>• To gain an understanding of Child Sexual Exploitation in its many forms<br>• To be able to identify the grooming tactics that the perpetrators used to gain trust and go on to abuse the young women<br>• To be able to recognise the signs of child sexual exploitation<br>• To understand why victims may not speak out<br>• To be aware of how to find help if you or your friends require support<br>• Potential consequences of involvement in drugs and alcohol through CSE SOW |

**Sixth Form Curriculum Map**

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The Sixth Form Enrichment curriculum is designed to reflect the principles of the 16-19 Study Programmes, taking into account the needs and career plans of students, as well as preparation for adult life. It is delivered in a variety of ways:

- Fortnightly taught Enrichment Lessons
- Weekly taught registration sessions including BIG questions that offer the opportunity for discussion and debate (including protected characteristics, British values and RE) and safeguarding updates
- Drop down enrichment sessions (e.g. "One Life Lost" Safer Roads Campaign, Street Doctors – Reducing Violence)
- Safeguarding updates on Student News

The map below outlines the enrichment programme across Y12 and Y13

| Year | Half Term 1 | Half Term 2 | Half Term 3 | Half Term 4 | Half Term 5 | Half Term 6 |
|---|---|---|---|---|---|---|
| **12** | Ready to Learn: Study Skills<br>Community Engagement | Resilience<br>Staying Safe (local context)<br>Sexual & Reproductive Health (SH/SV) | Ready to Learn: Revision techniques<br>Careers: Options after Sixth Form | Careers: Options after sixth Form | Careers: Options after Sixth Form | Careers: Options after Sixth Form<br>Staying Safe (Festival ready, Gangs and Knife Crime) |
| **13** | Careers: Preparation for work & university applications<br>Community Engagement | Sexual & Reproductive Health (consent)<br>Careers: Preparation for work & university applications | Careers: Preparation for work and university | Managing Personal Finances<br>Independent Living<br>Extremism/Prevent Strategy | Resilience: Avoiding exam anxiety | |